# Ground cover selection and use

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## **COLORADO STATE UNIVERSITY EXTENSION SERVICE**

# Quick Facts polyapparity parasites the

A year-round, attractive appearance is a prime consideration in selecting a ground cover.

A ground cover should have the capability of spreading by itself.

A ground cover should be low in growth and dense enough to keep out weeds.

A ground cover that is to be used to control erosion on a steep slope should have a dense, fibrous root system.

Most ground covers are no more than 12 inches (30.5 cm) in height.

Walkways should be built through areas of heavy traffic before planting a ground cover.

Well-rotted manure or some other type of organic material should be incorporated into heavy soils.

Maintenance problems should be considered when selecting a ground cover. Evergreens require the least amount of maintenance.

Ground cover plants play a leading role in modern day landscaping. They help soften harsh, otherwise barren areas, provide a neat, tidy look and link landscape plantings together. They are important in reducing soil erosion on slopes and in controlling weeds. They can be substituted for lawn grasses where these would be hard to mow or do not thrive.

## Qualities

A ground cover should have an attractive appearance during every season while giving year-round soil cover. Evergreens do this best. However, because of site limitations or because special effects are desired, flowering plants are sometimes used.

A ground cover should have the capability of spreading by itself. Species that produce rhizomes or stolons, or spread by offset or tip layering, are best suited for ground cover. They will develop rapidly into a dense cover.

A ground cover should be low in growth and sufficiently dense to prevent competition from weeds. If the ground cover is to be used to prevent soil erosion on a steep slope, the plant selected should have a naturally heavy, fibrous root system.

# **Considerations Before Selection**

No one species of ground cover will provide the solution to every landscape problem. The following factors should be considered before selecting a ground cover for a specific situation:

• To maintain balance in a small area, lowgrowing ground covers are best. In larger areas, or on an extensive steep slope, plants taller than 12 inches (30.5 centimeters) can be used.

• The plant should be selected for the proper exposure. The amount of sun versus shade and the exposure to winter sun and winds is an important consideration in selecting ground cover.

• Steep grades require species that have dense, fibrous roots that will hold the soil.

• Most ground covers will not tolerate trampling. If pedestrian traffic is anticipated, a walk of concrete or stepping stones should be placed through the area before planting the ground cover.

• Heavy clay soils underlying the surface soils should be conditioned with organic material before planting. Two cubic yards (1.5 cu meters) of well rotted manure or peat moss should be incorporated into each 1,000 square feet (92.9 sq m).

## Maintenance

No ground cover planting can be completely neglected. However, some species have fewer maintenance problems than others. Evergreen ground covers, such as creeping juniper, require little care. Ground covers that develop flowers and fruit often require more maintenance to keep them attractive.

Table 1 provides a list of ground cover plants according to site requirements. Only species suitable for difficult sites and exposures are included.

<sup>1/</sup>James R. Feucht, CSU extension professor, landscape plants (revised 1/1/80)

Table 1: Selected ground covers for specific site requirements.

# Hot, dry and sunny exposures

Soils shallow, low in organic matter, dry quickly

Small areas—under 100 sq ft (9.3 sq m)

Large areas—over 100 sq ft (9.3 sq m)

Achillea tomentosa - Woolly Yarrow

Caragana microphylla - Littleleaf Peashrub

Allysum saxatile - Goldentuft

Juniperus squamata prostrata - Prostrate Single-seed

Juniper

Arabis alpina - Rockcress

Artemisia "Silver Mound" - Wormwood

Potentilla fruticosa - Cinquefoil

Cerastium tomentosum - Snow-in-Summer

Euphorbia spp. - Spurge

Saponaria ocymoides - Soapwort

Sedum spp. - Stonecrop

Sempervivum spp. - Houseleek

# Sunny exposures

Soils deep, moderate to high in organic matter, do not dry quickly

Small areas—under 100 sq ft (9.3 sq m)

Large areas—over 100 sq ft (9.3 sq m)

Campanula carpatica - Carpathian Harebell

Cornus stolonifera - Red-osier Dogwood

Dianthus spp. - Pinks

Cotoneaster horizontalis - Rock Cotoneaster

Heuchera sanguinea - Coralbell

Forsythia suspensa - Weeping Forsythia

\*Iberis sempervivens - Candytuft

Lonicera japonica "Halls" - Hall's Japanese Honeysuckle

Phlox subulata - Creeping Phlox

Juniperus horizontalis - vars. - Creeping Juniper

Viola cornuta - Tufted Pansy

Vinca minor - Common Periwinkle

(difficult to establish under dry conditions)

# Deep to moderate shade

Areas such as under trees or north side of buildings

Small areas—under 100 sq ft (9.3 sq m)

Large areas—over 100 sq ft (9.3 sq m)

Ajuga spp. - Bugles

\*\*Arctostaphylos uva-ursi - Kinnikinnik

Convallaria majalis - Lily-of-the-Valley

\*Euonymus fortunei - vars. - Creeping Euonymus

Epimedium alpinum - Alpine Epi-medium

\*\*Juniperus communis - Rocky Mountain Juniper

\*Hedera helix - English Ivy

Vinca minor - Common Periwinkle

(difficult to establish under dry conditions)

<sup>\*</sup>Foliage may "burn" in winter and sun drying winds

<sup>\*\*</sup>Performs best in acid soils